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Honouring the fallen

1129 Haliburton Army Cadets, Laren Main, left, and Dane Reus salute during Haliburton's annual Remembrance Day Ceremony on Nov. 11 at the cenotaph on Highland Street. Organized by the Royal Canadian Légion Branch 129 Haliburton, the ceremony paid respect to and remembered those who served in past conflicts such as the First World War and the Second World War, and who continue to serve. See more photos on page 8. /DARREN LUM Staff

Elementary teachers in legal strike position Nov. 25

SUE TIFFIN

Staff Reporter

Elementary school teachers in Haliburton County and across the province will be in legal strike position at the end of the month, though Elementary Teachers' Federation of Ontario president Sam Hammond said the union is continuing to focus on contract talks.

"ETFO is fighting for investment, not cuts in education, but Doug Ford's Education Minister Stephen Lecce isn't listening," Hammond said in a Nov.8 press release. "While ETFO is now in a legal position to take strike action in 17 days, we will continue to focus on contract talks in an attempt to arrive at a deal that improves student learning conditions and educator working conditions."

ETFO members voted 98 per cent in

favour of central strike action, Hammond said in an announcement made Nov 1.

"Talks have stalled at ETFO's central bargaining tables," he said. "This is a wakeup call from our members to this government to get serious about key issues affecting educators and students

see MEMBERS page 2



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Members vote heavily in favour of strike

including more supports for special education, class size and class structure, fair and transparent hiring practices, and preservation of the current kindergarten program."

Hammond said then it was an "overwhelming mandate," from ETFO members and that a conciliator would meet with the ETFO and other parties at the central bargaining tables on Nov. 4. After that meeting, a "no board" report - a report filed if the process of conciliation fails - was requested from the Ministry of Labour, putting ETFO in a legal position to take job action in 17 days, at the end of November. No job action has been announced yet.

Karen Bratina, ETFO representative for Trillium Lakelands District School Board, said she didn't have a local breakdown of the vote, but said it was likely a similar percentage to the provincial vote.

"Just the feel of the room and the willingness of so many of our members to attend a meeting in Lindsay after work demonstrates the solidarity in this movement," she said. Approximately 650 of just over 1,000 ETFO members within the TLDSB attended the strike vote meeting Oct. 16. Almost 100 elementary school teachers work in Haliburton County.

'We continue to be faced with violence in the classrooms and the schools, that is significant, and it's definitely happening in Haliburton [County]," said Bratina.

Bratina said one of the key requests from teachers is proper support for students demonstrating violent and aggressive behaviours, and proper assessment so they can be better supported. She said some teachers are seeking medical care due to violent incidents in the classroom, and some are requiring protective gear.

"It's a real problem, and this province, instead of wanting to invest money into the education system, they're basically asking ETFO to provide \$150 million in cuts,"



We continue to be faced with violence in the classrooms and the schools, that is significant.

TLDSB ETFO President Karen Bratina

In response to the ETFO strike vote announcement on Nov. 1, Lecce, said in a statement, "While our government has been a reasonable and constructive force at the bargaining table – focused on keeping kids in class – today, ETFO has taken another escalating step towards a strike which will disproportionately hurt our kids.'

Lecce said, "strike action caused by unions could mean school closures, disruption, and uncertainty for students

'I support a deal, not a strike," he said. "Our team remains unequivocal in our determination to land deals with our labour partners as soon as possible to keep our kids in the classroom."

ETFO represents 83,000 elementary public school teachers, occasional teachers and education professionals across the province.

Last month, a last-minute deal was reached between the province and the Canadian Union of Public Employees, which represents about 55,000 education workers in the province, averting a full strike poised to proceed on Oct. 7. The Ontario Secondary School Teachers' Federation, representing 60,000 members, is holding strike votes from Oct. 22 to Nov. 15. The Ontario English Catholic Teachers' Association representing 45,000 teachers is also holding strike votes this month.



Not working? Workforce group wants to know why

The Centre for Workforce Development is looking for input from those who have withdrawn from the workforce to find the reasons behind those decisions and to find ways to assist those who want to return to work.

It could be that you're caregiving for a family member, you've been injured, have retired or just given up. No matter the reason, the project's organizers would like to

We encourage anyone who has withdrawn from the workforce to contact us and share their story of why they are not working. We are gathering information right now through an online survey or personal conversations, both of which are confidential. Your voice can help us develop strategies to better assist people wishing to return to

the workforce," Matt Caruana, project co-ordinator for the Centre for Workforce Development, said in a press

Labour participation in eastern Ontario has declined over the last decade even though the population has increased. Employers have had difficulty filling vacan-

The Centre for Workforce Development is trying to find out the cause of the issue through an online survey, personal interviews and focus groups.

To share your story, contact Caruana at 613-969-0720 or matt@cfwd.ca.

Submitted

Algonquin Highlands driver charged in CKL

A 22-year-old man from Algonquin Highlands was charged with several offences on Sunday, Nov. 3 by City of Kawartha Lakes OPP.

According to the police, the man was driving his vehicle in an erratic manner on Kawartha Lakes Road 48 when he was stopped by police. An investigation led to several charges including driving with cannabis readily available, possession of more than 30 grams of dried cannabis in a public place, failure to lower high beams to oncoming traffic, operating a vehicle while impaired and operating a vehicle with a blood alcohol concentration above the legal limit.

The accused will appear at the Ontario Court of Justice in Lindsay on Dec. 5.

assault A 29-year-old Hamilton woman was charged with spousal assault on Friday after a call was made to police about an incident in Eagle Lake.

Woman charged with spousal

Haliburton Highlands OPP say that a man reported being hit repeatedly on the head with a liquor bottle. When police arrived, they couldn't find either party and after searching the area they found both of them together

Following an investigation, police charged the woman with spousal assault. She is to appear in Minden court





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High lead levels at some local schools, report indicates

CHAD INGRAM

Staff Reporter

Some schools in Haliburton County have had lead levels in their water that exceed federal regulations, but yet are still compliant with provincial ones, since the two levels of government have different thresholds for what is considered an acceptable amount.

An investigative story by Global News in concert with other media found a number of schools and daycares that had water with lead levels in excess of the Health Canada threshold, which is five parts per billion (ppb). However, most of those facilities were compliant with the provincial threshold, which is 10 ppb. Also, a disclaimer in the story notes that the data contained in the story was obtained between April 2016 and March 2018, and may no longer reflect lead levels at the facilities.

In Haliburton County, Haliburton Highlands Secondary School was on the list, with levels exceeding the federal regulation by 40.9 per cent. Cardiff Elementary School had levels exceeded the federal threshold by 37.5 per cent, J. Douglas Hodgson Elementary School by 8.3 per cent, and the Haliburton Highlands Adult Education and Teaching Centre by 25 per cent.

Catherine Shedden, district manager of corporate communications for the Trillium Lakelands District School Board pointed out the figures contained in the report were from last year, and that the board is currently in the process of water testing for this year.

"A total of 74 samples have been obtained over the past three years in Haliburton schools," Shedden wrote in an email to the paper. "Six of the 74 samples have failed a standing or flushing sample (three per cent).

"Under the Ontario Drinking Water Quality Standard, Objectives and Guidelines the Maximum Acceptable Concentration (MAC) for lead in a water supply is 10 micrograms per litre (ug/L). Designated fixtures included fountains, hydration stations and sinks where children could obtain a drink and supplies that are used for cooking or food/drink preparation."

Shedden explained the board's water-testing proce-

"Two samples are taken from each location with the first sample prior to building flushing (called a 'standing' sample) and the second after the building flushing," she wrote. "The recommendation from the Government of Ontario for instances where there is an exceedance of lead in a 'standing' sample is to flush the school plumbing daily."

Where there are issues with the safety of drinking water, the school board works with the health unit to address them.

"Whenever results from water tests exceed the threshold for safe drinking water at a school, the TLDSB Facili-

ties Services department work with the local health unit to determine the best corrective action," Shedden wrote. This could include, but is not limited to, taking the drinking water fixture out of service (which happens as soon as there is an exceedance), increase flushing, further resampling, replacement of a fixture."



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Free lunches return courtesy of SIRCH

Rob and Anje Hilkers enjoy lunch together at SIRCH Central on Nov. 7 in SIRCH Central on Nov. 7 in Haliburton. Anje said she read the story in County Life that the program was once again being offered Thursdays and decided to come by for lunch after yoga and make it into an outing. Lunch Is On Us is a SIRCH program that serves up a free lunch on Thursdays from 11:30 a.m. to 2 p.m. at 2 Victoria St. in Haliburton. The food is in Haliburton. The food is free, though donations are accepted. Join SIRCH each Thursday until Feb. 27 with the exception of Boxing Day. /JENN WATT





Jay McIvor and Lydia Kim prepare grilled cheese sandwiches and salads for guests at SIRCH Central on Thursday for the first Lunch Is On Us of the season. The free lunches are available to anyone who wants one, with donations accepted. On Nov. 7 visitors could choose from grilled cheese, aloo gobi or sausage and chicken jambalaya. Tea, coffee and cookies rounded out the meal.



TAG summit brings trail enthusiasts together

SUE TIFFIN

Staff Reporter

As Eric Weis shared photos of trails that stretch between towns, around and through cities and over bodies of water, attendees at the Toronto to Algonquin Greenway summit leaned closer, sometimes gasping at the results of work done to build and restore trail systems for public use.

Weis is former director of greenway development of the East Coast Greenway Alliance, a 3,000-mile biking and walking trail that leads from Maine to Florida, is now an independent consultant in New England, and was the keynote speaker at the summit. His work over 20 years mirrors the efforts being made by the TAG committee, which includes Pamela Marsales, Ute Wright, Tammy Rea, Kate Butler and Jewelle Schiedel-Webb in establishing the Toronto to Algonquin Greenway, a hike-bike-paddle route connecting

Toronto and Algonquin Park.
At the summit held at Sir Sam's Ski and Bike on Nov.4, which brought together inaugural partners of the international sustainable travel route, Weis noted trails that run through more than a couple dozen significant cities including Boston, Portland, Washington D.C., New York City and Miami, and acknowledged that the urban trails might be more wellknown than the rural trails, but are connected to smaller "rail towns," bringing

people to and through small towns.
"The label, East Coast Greenway, it's an identity for the entire system but for



Eric Weis, keynote speaker at the TAG Summit held at Sir Sam's Ski and Bike, spoke to the benefits of greenways in both urban and rural areas. The summit, held over Nov. 3 and 4, brought together inaugural partners' of the Toronto-Algonquin Greenway. /SUE TIFFIN Staff

every mile of that route there is a local trail which is used by people living in the neighbourhoods nearby to get to school, or get some exercise or to have a place to meet up with their friends and these people might not even know that their local trail is part of the national system. They might refer to it as the West Ashley Greenway, or they may call it the Raleigh River Trail, but all together it creates this family of trails and by adding this new layer, this new identity on top of that, it creates added benefits."

Weis noted the commitment to restoring and maintaining trails is palpable, but said the benefits, including supporting economic input and businesses in "trail towns," raising property value of homes alongside the trail, encouraging "green" tourism, and preserving historic routes and rail routes are numerous.

'You don't have to push people to understand that these wonderful, wonderful trail systems, with enormous num-

bers of people coming through, particularly in the warmer months, enjoying the biking, and walking and the landscaping ... you don't have to tell people twice, that this is something they need to take advantage of," said Weis. "I don't think you even have to tell them once."

The attendees at the event included the executive director of Ontario by Bike and the Parkbus, owners of lodges and bed and breakfasts along the TAG route, local tourism and economic development representatives, and enthusiasts who identified as Haliburton rail trail cyclists.

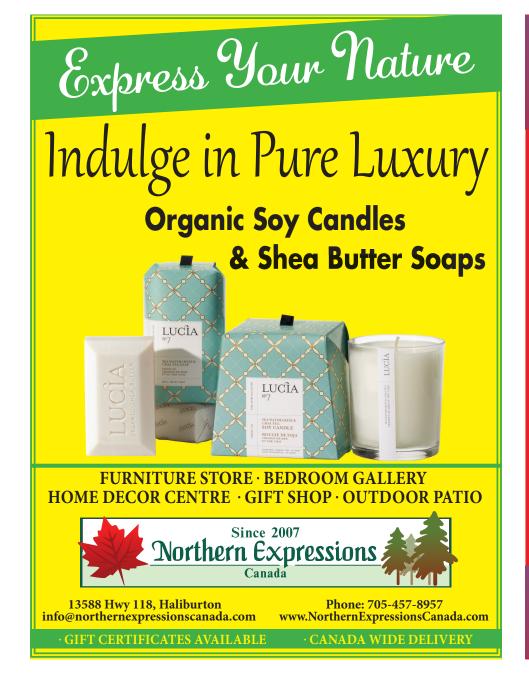
TAG Summit 2019 represented a leap of faith on the part of a little committee in Haliburton," said Marsales after the event. "We dared to imagine we could invite dozens of champions and potential partners over two days to propel our Toronto-Algonquin Greenway concept closer to reality.

Marsales said that while representation from each portion of the route might not have been in attendance at the event, "they have indicated their intention to be involved as we move into 2020.

The event also included Kevin Callan presenting on the TAG canoe route, Randy Pielsticker on cycling worldwide and group discussions.

For further information, visit Toronto-AlgonquinGreenway.ca or visit Toronto-Algonquin Greenway on Facebook.

A seven-minute film, TAG Along the Greenway, that was filmed and edited by Rodney Fuentes of Explore Origins Films, is available for viewing via the TAG Facebook page.





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Haliburton Feed and Seed opens on Mallard Road

New business provides food for pets, farm animals and wildlife, offers animal adoptions

JENN WATT

Editor

They have food for animals big and small from cats to deer, dogs to goats. And what they don't have they'll find, says Phil Primavera, owner of Haliburton Feed and Seed, a new business on Mallard Road in the Industrial Park area of Haliburton.

Primavera launched his business Nov. 1, about a month after the previous feed company closed up shop.

"Right now we're setting out feelers of what people want. We're buying high quality, good food, as much of it as we can from Canadian sources and as much of it as we can GMO free. ... But if there's a product that somebody really wants and we don't have we will search it down for them," he said.

For example, hunters were looking for 20 bags of a specific brand of dog food they could no longer find locally and Primavera said he was able to bring some in.

'We have a lot of those animals ourselves too, so we know what they like and what most people are feeding them," he said, referencing The Wild Life, a farm he and his wife Minna own in Eagle Lake.

Haliburton Feed and Seed also offers its own bird seed blend, straw, supplements and biochar.

Biochar is a charcoal-like substance that is the result of plants and forestry waste being burned. It's frequently used as a soil amendment and is lauded for its ability to store carbon. Primavera pointed to



Phil Primavera is the owner of Haliburton Feed & Seed, a new business on Mallard Road in Haliburton offering supplies for pets and livestock. They will also be taking in pets in need of a home and adopting them out. /JENN WATT Staff

articles in The Biochar Journal that indicate feed-grade biochar can bring health improvements for some animals and enhance manure quality.

At their farm, the biochar is used to reduce the smell in the animals' stalls and feed-grade biochar has led to better digestion for their horses, among other advantages, Primavera said.

He is also selling something called "Black Magic," which is biochar that can be sprinkled on the ground to improve traction, but is safe for animals' feet and won't hurt the lawn. He said it's about a



Food, supplements and other supplies for animals has been freshly stocked on the shelves of Haliburton Feed & Seed, which opened on Nov. 1.

third of the weight of sand.

Animal lovers will also be pleased to know that Primavera is taking in animals to adopt out, filling a need that was left when the previous feed company closed. There will be crates on location with pets up for adoption and larger animals will be in a special quarantine area at the farm.

Haliburton Feed and Seed will use fees gathered from animal adoptions first to pay the bills incurred in the animals' care, and then donate to the Haliburton Pet Owners Assistance Fund. The fund assists those who are unable to pay for medically necessary procedures for their pets due to financial hardship.

Haliburton Feed and Seed is located at 138 Mallard Road in Haliburton, 705-306-9563, or www.facebook.com/Haliburtonfeedandseed.







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DAVID ZILSTRA,

Publisher and Ad Director, ext. 37, david.zilstra@gmail.com JENN WATT, Managing Editor

ext. 39, jenn@haliburtonpress.com JENNIFER MCEATHRON, Admin jenniferm@haliburtonpress.com

DEBBIE COMER, Circulation, debbie@haliburtonpress.com CHAD INGRAM, Reporter, chad@haliburtonpress.com

DARREN LUM, Reporter, ext. 38, darren@haliburtonpress.com

SUE TIFFIN, Reporter sue@haliburtonpress.com

KAREN LONDON,

Production Co-ordinator karen@haliburtonpress.com LAURA CHOWZUN, Production

STACEY POTALIVO, Production

LAURA SMITH, Sales, ext. 32, laura@haliburtonpress.com

PAUL BANELOPOULOS, Sales

PAT LEWIS, Inside Sales classifieds@haliburtonpress.com

Forever in our memories: Creiahton Feir

Why I'm a flu shot convert

TOR YEARS and years I gave hardly a thought to getting a flu shot. As a reporter, I would dutifully attend photo-ops of health-care workers and administrators rolling up their sleeves, reminding the public that it is now flu season – time to get your shot! But it never seemed like an issue that affected me.

And in a way, it didn't. Young people are less likely to experience the most dangerous

effects of the flu. It is those in more vulnerable populations that need their shot - pregnant women, children, older people, those with compromised immune systems – because those groups have a higher risk of complications.

I figured I would take my chances.

What hadn't fully sunk in for me was that although I would likely survive a bout of the flu, I couldn't fully control who I spread it to when I was sick. Could I ensure that I hadn't touched any door knobs at my workplace; that I hadn't coughed while standing in the aisle at the pharmacy; that I hadn't handed off germs when I dropped my book back to the library? Of course I couldn't.

The flu vaccine hasn't had the best PR in recent years largely because scientists aren't always perfect when it comes to selecting the influenza strain to inoculate against. There is also the chance that if you get the shot, you'll still get the flu.

However, the health unit says there's value in the shot even if that's the case. The flu will likely be less robust and won't linger as long if you've got the shot. And if you get the shot and it prevents you from getting sick, you and everyone around you will be protected from an illness that can have serious consequences for some.

> This fall, one of my relatives, an otherwise healthy woman in her early 30s, got



watt

the flu not once, but twice. It made life miserable and she was out of commission for the better part of two weeks with the last bout. She stayed home and eliminated any interactions with vulnerable popula-

tions, but she said it was so horrible – and she had lost so much valuable time as she shivered and sweated in bed – that she wishes she had got the shot on the first day it was available.

The Haliburton, Kawartha, Pine Ridge District Health Unit says the flu is in our region. On Wednesday it had its first laboratory-confirmed case.

This is the time to roll up your sleeve and take one for the team. Visit your local pharmacy or health-care provider to get your shot or have your questions answered about this year's flu vaccine.

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Winter dusting

by Darren Lum

The beauty in the grey

Γ'S A QUIET November morning as I sit to write this article. I'm sitting in my new kitchen that has recently been renovated and I am appreciating the new space and all of the work that created it.

We had so many wonderful tradespeople in here over the 10 weeks and every one of them was professional, friendly and very good at their job. Our place is stunning and I couldn't be happier. I

have a new counter where I can sit and have a view of the trees, the sky, our garden, the earth, birds at our feeder, the snow, and the deer when they walk past. I recently heard a yoga teacher say that gratitude is simply giving attention, or being aware of something. The living in the nature that is around us, and the

so-called non-living like the new counters and drywall in our house. Being quiet and paying attention creates a state of inner quiet and stillness and brings us in to the present moment. And in the present moment there is so much goodness in even the smallest of details. At this time of year when the leaves have fallen and we see more shades of grey and brown I challenge myself to give attention to all of it just as I give attention to the flowers and the full gardens in the summer. Beauty is everywhere if we can see it or sense it. I know myself that I am constantly evaluating or judging or anticipating the weather and am often critical or wishing it was different than what it was. This is especially true in this time between the fall colours and the winter wonderland. St. Francis of Assisi asks if we can "give thanks for all kinds of weather and recognize that it is always changing and to just sit quietly and observe." Everyone can do this practice from the comfort of their own living room or while out on a walk in the woods or in town. Weather is going to keep happening and our minds create all kinds

of stories and predictions about it. We can create stress in our minds and bodies about the weather and there isn't even anything we can do about it. When we just sit and quietly observe, that creates an inner stillness or quiet and that practice might help the mind settle a bit. I try to teach these ideas in my yoga classes where we sense the inner quiet and

inner stillness as the backdrop for every pose. It is always there. We just have to tune into it. Nature is a great teacher of this. All you have to do is go for a walk and you can feel the quiet and the stillness beneath you. Or you can sit in your house and sense the quiet beneath you. Sensing without adding stories or predictions or criticism. Just a practice of quiet observation and appreciation. And then as you move through your day, and do the yoga poses of your life, you return to the quiet inner stillness that is in you, and around you. You go through many tasks and responsibilities with an attitude of grati-



points of view

Giving them the slip

S SOON as I walked into the kitchen, Jenn motioned me to be silent. Then she whispered,

With that, she quietly peeled a banana. Yet, despite her stealth, we heard something stir from the other side of the house. There, out of sight, our Labrador retriever Millie, rose from a deep slumber on the couch and promptly charged over to Jenn's feet.

"Incredible," I said.

And it truly was.

Actually, it was more like a miracle. You see, Millie is an 11-year-old dog who cannot hear the command "No!" when it is yelled at her from 18 inches as she raids the cat bowls. Yet, that same deaf animal rose from a sound sleep when she heard the imperceptible sound of someone peeling a banana 20 feet away in an entirely different

As she sat there at Jenn's feet, salivating and looking at the banana, I immediately began to ponder the larger sci-

entific implications.

steve galea

For this was a question that has plagued mankind ever since the first man was domesticated by a dog. That being, if any food falls in the forest, will a dog hear it?

The answer is clearly yes. Everyone knows that.

That's why I was not surprised Millie heard it. What perplexed me, however, was why she acted upon what she heard.

A banana is not one of those foods even remotely associated with canines. Rather they are clearly linked with monkeys.

You can't think of one without the other.

So much so that I would not have been surprised had a monkey showed up.

A dog, however, was a different matter. Millie had no business being there and this sounded a few alarm bells.

Several theories immediately circulated through my mind. Foremost among them was that Millie was not there for food. This led me to further postulate that, if food was not the motivation, it must be something else.

Suddenly, it struck me.

It wasn't about the banana at all. It was about the banana peel. And the only useful purpose for a banana peel is in making someone slip in an undignified manner

So then, if Millie was the audience and Jenn was the person controlling the banana peel, where did I fit in to all this?

I soon reached the obvious conclusion.

"Oh no!" I said, as I regarded the banana peel carefully. "I will not be your prank monkey! I will not be the person who slips on a banana peel for your perverse entertainment pleasure."

Jenn acted as if she had no idea what I was talking about. But I knew better. To Jenn a banana peel pratfall is the height of comedy.

"That's a bit ridiculous, don't you think?" she added when I confronted her.

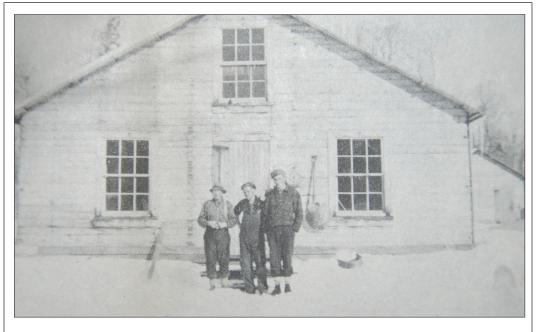
Oh, she was good, I'll give her that! Despite my evidence, she continued to feign ignorance about the whole

But I saw right through her.

"Shame on you for making this innocent dog your accomplice."

I'm proud to say I did not fall for the old banana peel

I left the room feeling pretty good about that too. Until I tripped on Millie's Kong.



pic of the past

The Pic of the Past this week was taken many years ago and shows some of the camps at the Standard Chemical at Monoris Lake about 10 miles from Harcourt, which was managed by the late Jim Inglis of Haliburton. The men shown in the photo are from left, Jack Sproats, Bud Lane and Francis Sproats. The photo was originally published in the Haliburton Echo in 1977.

letters to the editor

Every poppy has a soul

Dear Editor,

I wrote a song about Remembrance Day that I would like to send to the newspaper. I wrote it to say goodbye to the soldiers that died and to give people hope. It is called Every Poppy Has a Soul. I am seven years old and I go to school at Stuart Baker Elementary School. I am in Grade 2.

> Sincerely, **Evelyn Laura Mardus**

Every Poppy Has a Soul

Every poppy has its own soul, Singing loud and clear. Every poppy's heart grows bigger and bigger, The more you spread love.

To say goodbye to the soldiers who died To protect our land,

The poppies make great memories of them, They give us a happy life.

Every poppy has its own soul, Growing big and small. Petals fall by the coldness of winter; We teach peace for our people.

The more we spread love, The more our world will get protected. Because of the poppies, We remember the soldiers who died.

Each poppy spreads more love, The more it grows and grows. Every poppy has its own soul, Singing loud and clear.

Reducing single use plastics in Haliburton Village

To the Editor,

At the Hike Haliburton Festival picnic my friend Sue toted her plastic container up to one of the food vendors where they deposited her lunch. No disposable plate or cutlery required. Another friend of mine doesn't buy a takeout coffee unless she has her reusable mug. Many people are willing to change their habits and reduce their use of plastic. Individual actions are important because they help to build a movement and spark change from businesses and governments.

Aware that many local businesses and organizations were taking steps to reduce their use of single use plastics, Concerned Citizens of Haliburton County (CCHC) surveyed members of the Haliburton BIA about their successes and chal-

Baked and Battered now provide take-out containers that are either recyclable or paper based. They offer free tap water to all patrons and no

longer sell bottled water. B and B gives a reduced price on beverages when customers bring in their own mug. Reusable items are available for purchase at B and B.

Haliburton Supplements and Bulk Food Store owner Jeffrey Coyell is making changes that reflect a greater concern for reducing plastic. He has switched to paper bags and of course, customers can bring in their own jars and containers. Coyell stated that he "was using 25,000 plasoer year in my store and now less half." Customer response to these changes has been very positive.

Rails End Gallery is committed to reducing plastic. In 2018 they installed a water bottle refill station with financial support from the Haliburton County Development Corporation. In 2019 the gallery's three festivals (Trash N Treasures, Haliburton Art and Craft, and DrumFest) were plastic free. Coffee cups were washed, sterilized

see INDIVIDUAL page 22

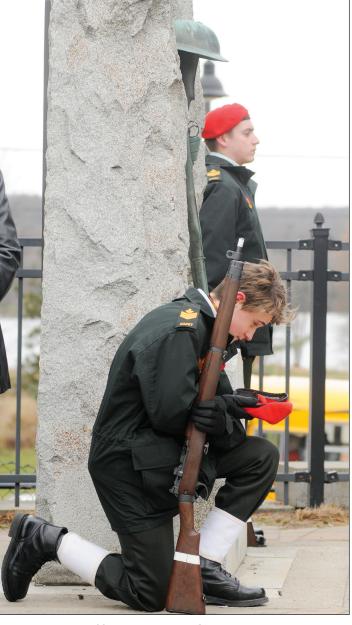


Haliburton remembers

Ceremony event.

There was a large crowd of people, including students from J. Douglas Hodgson Elementary School, who attended this year's Remembrance Day Ceremony event held on Nov. 11 at the cenotaph in Haliburton. Organized by the Royal Canadian Legion Branch 129 Haliburton, the ceremony paid respect to and remembered those who served in past conflicts such as the First World War and the Second World War, and those who continue to serve./DARREN LUM





A cadet with the 1129 Haliburton Army Cadets kneels at the Remembrance Day Ceremony.



Mary Hambly laid the first wreath down at the Remembrance Day Ceremony.



The Haliburton Highlanders Bagpipe and Drum Band marches during the conclusion of the Remembrance Day Ceremony.



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Colourful additions

Highlands resident Melissa Stephens hangs up the last of the poppy wreaths before the Remembrance Day Ceremony event on Nov. 11 at the cenotaph in Haliburton. The temporary yarn installation, which included close to 40 knitted/crocheted poppy wreaths made from approximately 350 poppies was meant to "brighten up the day a bit." It was inspired by people in Bancroft, who had the installation of knitted and crocheted yarn poppy themed creations for three years, including this Remembrance Day. Stephens, who consulted with the Haliburton Legion and Dysart Mayor Andrea Roberts, was helped with this endeavor by Wendy Evenden, Cheryl Goodman, Carol English, Lorry Brandon, Linda Powell-Love, Barb Harrison, Roberta McCombe and Beth Johns. /DARREN LUM Staff

Haliburton Highlands Secondary School student Grace Judge performs (with teacher Ryan Merritt holding the mic) at the annual Remembrance Day ceremony at the high school





An interpretative dance performance ends with silhouetted hands reaching for light held high at the annual Remembrance Day event at HHSS.





HHSS remembers

No words, only gestures and movements were featured in this interpretative dance number at the annual Remembrance Day event staged by Haliburton Highlands Secondary School students to honour and remember those who served and those affected by past conflicts. The event included interpretative dance, the reading of letters originally written by soldiers (Canadian and German) and nurses, live musical performances and roll calls of local residents who served. It included the efforts of Grade 9/10 drama students taught by Ryan Merritt, the leadership students taught by Paul Longo, media arts students, taught by Karen Gervais, who created a multimedia presentation and showcased two numbers by student Grace Judge, who played guitar and then played harp. The school had two showings for the student body, one in the morning and one in the afternoon. /DARREN LUM Staff



Students stand by a cenotaph, following the laying of a wreath to end the annual Remembrance Day







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Forest Festival discontinued

CHAD INGRAM

Staff Reporter

The Haliburton Forest Festival will be no more, according to organizers.

A release from organizers says the decision to cancel the 13-year-old event was a difficult one, and came following a number of considerations, a major one being the need to reconstruct the Bone

Lake Amphitheatre.
"The most compelling is that the Forest Festival needs a stunning facility like

Bone Lake to continue, meaning that its future viability without such a facility is very limited," the release reads. "Unfortunately, rebuilding Bone Lake will require great expense and effort, likely in the hundreds of thousands of dollars. Haliburton Forest itself is constantly changing. The operations team is increasingly passionate about outdoor adventure events: they have taken over one major trail race, started others, and have more in the pipeline. As a result, Haliburton Forest is unable to prioritize the costly rehabilitation of Bone Lake going

The release also indicates that ticket sales for the festival, traditionally held in mid-August each summer, have declined in recent years.

"Big events are costly to organize and great talent is costly to book so undersold shows have an impact on the bottom line," the release reads. "To some extent, one can view the reduced attendance in a positive light, because it is due to an abundance of alternative events that have blossomed in central Ontario."

Acts at the Forest Festival over the years have included Jim Cuddy, Buffy Sainte-Marie, Sarah Harmer, Dan Hill,

Lighthouse and a host of other talent.

The Forest will continue to host concerts at its Logging Museum, the release

"Finally, Haliburton Forest and Forest Festival management would like to extend their heartfelt gratitude to the dedicated volunteers, production crew, local media partners, businesses, and loyal fans who have so wholeheartedly supported the festival over the years," it reads.

The festival was previously cancelled during the summer of 2016.

Rails End Gallery exhibit for the birds

CHAD INGRAM

Staff Reporter

There's an avian theme to the exhibit now showing at Haliburton's Rails End Gallery – BIRD.

The show features the sculptures of master carver Greg Gillespie, along with the Photoshop abstracts of artist June

Gillespie has been carving birds for more than 35 years, getting his start from a neighbour in the early 1980s, a neighbour who just so happened to be a renowned bird carver named Weldon

"Back in those days you could make a living being a bird carver," Gillespie said. "He really, pardon the pun, took me under his wing.

Starting out carving decoys, over the years, Gillespie's work has involved into intricate and finely detailed interpretive

"You have to make the habitat the bird sits on," Gillespie explained.

His work *The Fisher*, for example, in exquisite details, shows a fisher perched above a pool of water, watching a swirling school of fish. In Shadow Hunter, a bird of prey descends on a scampering mouse. If one looks closely, the mouse's tracks are visible, and the escape route leading to its burrow is a separate piece that can be moved, allowing the viewer to make the situation less dire, or more dire, for the rodent. In 2016, Gillespie won a third place prize at the world carving championships in Maryland.

Gillespie is retired from the MNR and a nature enthusiast and the creatures in his works come from his mind's eye, and while some carvers create pieces by carving out a single piece of wood, Gillespie's sculptures fuse different pieces of wood, which he said can pose some engineering challenge, but also give the works a rich

Krisko moved to the Haliburton Highlands about a year ago from Jordan Station, Ont.

"I've always done oil painting," she said, explaining, however, that after years of working with paints, she began to develop an allergic reaction. "Then I discovered Photoshop, and I thought, hey, that's really cool.'

Krisko uses an application called Autodesk Sketchbook to create her abstract works.

"I'm more of a concept, spiritual personality," she said, explaining she also does photography and that since moving to a 29-acre property in the county, many of her photography subjects are birds.

They, along with the major life transi-



Greg Gillespie's interpretive works include not just birds, but their habitats as well. Here, in The Fisher, a fisher spies a school of fish through a pool of water.



June Krisko with her abstract Photoshop work Birdsong at the reception

tion of the move, were the inspiration behind the large, colourful work, Bird-

"It was time for us to leave the nest," she says of the move to Haliburton.

The application also allows for the creation of time-lapse videos of the works being created, one of which plays on the wall of the gallery as part of the exhibit.

Master carver Greg Gillespie with one of his works, Shadow Hunter, at the reception for the BIRD exhibit at the Rails End Gallery on Nov. 9. / CHAD INGRAM Staff



Those new to cannabis edibles advised to 'start low and go slow'

Pine Ridge Health Unit is advising the public that if they intend to try edibles, they should "start low and go slow."

Edibles, extracts and topicals are legal

With cannabis edibles soon to enter the marketplace, the Haliburton, Kawartha, in Canada as of Oct. 17, but will not be in licensed cannabis stores until mid-December at the earliest, the health unit said, as the federal government reviews and approves products for the public.

While the new cannabis products will

face strict regulations given their potential health and safety risks, it's also important for local residents to be aware of what is now available and how these substances may affect them," Catherine MacDonald, the substances and harm reduction coordinator with HKPR Health Unit, said in a press release. "Just like using tobacco and alcohol, we urge people to be responsible if they choose to use any type of cannabis product. It's all about moderation... start low and go slow."



It's all about moderation ... start low and go slow.

> - Catherine MacDonald **HKPR Health Unit**

It's been legal to smoke cannabis in Canada recreationally since 2018. What is new is edibles, extracts and topicals.

The following is information provided by the health unit on these three products.

Edibles are products containing cannabis that people can eat or drink, including beverages, candy, and baked goods. By law, these cannabis edibles can only contain a maximum of 10 milligrams of THC (tetrahydrocannabinol) per package. THC is one of the main compounds found in cannabis that can affect people's brain function and ability to think, as well as alter their mood and behaviour. It's strongly recommended that individuals new to edibles or cannabis should look at the THC content of the product and start with edible cannabis products containing no more than 2.5 mg of THC. "Taking less will let you see how you feel before eating the entire 10 mg product," MacDonald advises.

Extracts include oils and pills that a person takes by mouth, as well as oils used with a vaporizer to inhale. Cannabis extracts taken by mouth act much like edible products. Because their effects aren't felt immediately, it's important to be patient and wait until you are comfortable with the effects before consuming more. Oils used for inhalation within a vaporizer will allow users to feel their effects more rapidly and should also be used carefully, MacDonald says.

Topicals are cannabis products like ointments, oils, and creams that can be rubbed on the skin. Do not apply topical cannabis to damaged or open skin areas and be sure to wash hands after use to avoid getting any of the product in your eyes. Always follow the label for proper

Eating cannabis products affects the body in different ways than smoking it does. That's why the health unit is reminding those who intend to try edibles to start with a small amount first, to find out how it affects them. When you eat cannabis it takes the body longer to absorb the THC, which can mean that the full effects can take between 30 minutes and four hours to take place.

The intoxicating effects or 'high' of eating cannabis products will also last longer, anywhere from six to eight hours," MacDonald said. "This makes it essential to only use cannabis products in safe environments, free of responsibilities like caring for children, being in the workplace, or having to drive somewhere."

Be sure to keep cannabis products separate from regular food to avoid confusion, keep cannabis in child-proof containers stored out of reach of children and pets, and do not consume cannabis if you're pregnant or breastfeeding.

To learn more, go to www.canada.ca/ cannabis or www.ontario.ca/cannabis.



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available at two giveaway days

SIRCH Community Services has added two additional pick-up dates for their Share the Warmth winter clothing giveaway. Clean, gently used winter clothes were donated earlier in the fall by members of the community and so far hundreds of items have been distributed.

Anyone who needs a winter coat or other apparel can come to one of two giveaways:

Thursday, Nov. 14 from 10 a.m. to 3 p.m.: St. Paul's Anglican Church, 19 Invergordon Ave., Minden Saturday, Nov. 16 from 10 a.m. to 1 p.m.: SIRCH Cen-

tral, 2 Victoria St., Haliburton

In their two giveaway days that took place in October, SIRCH distributed 103 winter coats, 104 pairs of mittens, 42 hats, 15 scarves, 14 sweaters, 10 pairs of snow pants, nine pairs of socks, two pairs of boots and one pair of

All winter wear is free of charge and there will also be coffee and hot chocolate available for people who come

Echo staff



Winter hats wait for new owners to come pick them up at one of SIRCH's most recent giveaways. Two more are scheduled, one in Haliburton and one in Minden, allowing people in need of winter clothes to come pick some up and enjoy a hot chocolate while they're at it. /Photo submitted



Warm winter wear The flu has arrived

The first confirmed case of influenza in the region has prompted the local health unit to remind the public to get their flu shot.

Marianne Rock, the manager of health protection with the Haliburton, Kawartha, Pine Ridge District Health Unit, said that it's typical for the first case to be detected in November and now that it's in the region, it's impor-

This year's flu vaccine protects against two strains of influenza A (H1N1 and H3N2) as well as a strain of influenza B. Some years the strains chosen have been more accurate than others as experts try to project which will be dominant during flu season.

Either way, Rock said the vaccine offers protection.

"Even when there is a less-than-ideal match, the seasonal flu shot can still provide protection and often reduces the severity of symptoms," she said in a press release. "The bottom line is that even if you get the flu after receiving the flu shot, your illness is usually milder than if you had not been vaccinated at all.'

The flu vaccine is recommended for those over the age of six months with the health unit offering flu shots specifically for those five and younger. (The parent or

guardian bringing the child can also get their shot at the same time. Call 1-866-888-4577, ext. 1507 for more information on this program.)

Symptoms of the flu include fever, chills, sore throat, headache, muscle aches, extreme weakness and fatigue.

Complications can arise from the flu and can include pneumonia and heart attacks, according to the provincial government, causing about 12,200 hospitalizations and 3,500 deaths in Canada annually. Those vulnerable to complications and hospitalization include babies under six months, children under five, people over 65 years old, pregnant women and those with underlying conditions.

The flu shot is free from pharmacists and health-care

Tips for this flu season: Wash your hands often and thoroughly Sneeze or cough into your sleeve Stay home if you're sick

Eat well, get enough sleep and remain physically active to keep your immune system up

Echo staff



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Canada Postal workers will be on the parade route collecting letters for Carolling starts at 5:00 pm at the Town Tree and the Tree Lighting at 6:00 pm



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SIRCH Community Services' annual community fundraising campaign Gifts from rom the Heart

This year marks the 8th time SIRCH has held its Gifts from the Heart campaign. Over the years, your generous donations have allowed us to impact real needs in this county, like hunger, poverty and isolation. It's heartbreaking to know there are seniors right here in Haliburton County who have no food, families who have to decide whether to pay their rent or feed their families, or to know individuals who don't have warm winter clothing.

Our goal is to raise \$35,000. Your donations will stay right here in Haliburton County to help a child, a senior or a family who is need. Please help us feed, connect and care for those less fortunate in our community.

Donate today to Gifts from the Heart.

With our heartfelt thanks,

Barbara Fawcett Barbara Fawcett, President **Board of Directors** SIRCH Community Services



What SIRCH means to me and my family

For 30 years, SIRCH Community Services' unwavering belief in people and possibilities has greatly impacted our community. These are just a few testimonials from the thousands of people SIRCH has helped over the years:

"I know about hard times! A couple of winters ago I lost my job and we had to move to a cheaper place. We'd wake up on a cold day with ice on our bedroom walls! We'd tuck our kids in with extra blankets, and hang blankets over our doors at night to keep out the cold. It was a really tough winter! There were times my wife and I would skip meals to make sure the kids ate. Thank goodness for SIRCH. They gave us meals made by their Community Kitchen volunteers. Some days we might not have eaten if it wasn't for SIRCH."

"I rarely have enough food to get me through the month. I also have physical limitations that make preparing nearly impossible. At times, my fridge and freezer are completely empty. SIRCH meals are always healthy, made with real meat and vegetables. It's safe to say that I might not be here without them."

You can support SIRCH by donating to its Gifts from the Heart campaign online at www.sirch.on.ca/gifts or by phoning 705-457-1742.



www.sirch.on.ca 705-457-1742









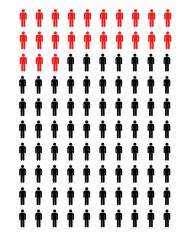


SIRCH Community Services - Gifts from the Heart

The Need

Haliburton County is known for its beautiful natural settings, its vibrant arts scene, being a cottager's paradise, and the generosity of its residents. But beneath all this is a surprising level of poverty and hardship that makes it challenging for some families to get ahead.

In Haliburton County, the child poverty rate is 23%.



This means children may not have adequate access to food, clothing, transportation, and other resources.

17.2% of all Haliburton County households are considered low income.



And Haliburton County has the second highest cost of living in Ontario! It's not cheap to live here. This impacts a family's ability to put food on the table, get to and from work, and provide heat, clothing, and other necessities of living.

SIRCH Helps

For 30 years, with your help, SIRCH **Community Services** has been addressing challenges facing County residents by providing programs, training opportunities, and social enterprises that offer a hand up—not a hand out.



Community Kitchen

Ken Mott of the Wilberforce Food Bank is well aware of the issues and challenges facing families in Haliburton County. "The food bank's clients often struggle to access nutritional food," he commented. "SIRCH's efforts to provide meals that are tasty and nutritious makes a huge difference to people's lives. Our clients really appreciate the food prepared by SIRCH's Community Kitchen."

Noni Richardson of West Guilford has been volunteering with SIRCH's Community Kitchen for over 10 years. "Volunteering is my way of giving back to this great community," Noni exclaims. "When I began volunteering, I met an exceptionally wonderful group of ladies. I truly enjoy the kitchen comradery." Noni is one of many dedicated volunteers who cook and freeze nutritious, appetizing meals that are distributed through local food banks, community agencies, and SIRCH groups.

Last year, SIRCH's Community Kitchen provided 3,600 nutritious frozen meals free to those in need.



Apple Sause Project

The Applesauce Project is an amazing community initiative that turns unused apples from local trees into apple sauce for seniors and families. Local residents donate apples from trees on their properties. A team of volunteers pick the apples. Other volunteers wash, cut, cook, process, package, and freeze the applesauce, which is then distributed through Meals on Wheels and local food banks—it truly is a collaborative effort.

In 2019, SIRCH and community partners made 1,694 containers of applesauce.

"The Apple Sauce Project is a great example of community partners successfully working together to ensure everyone in our community has access to fresh, local and nutritious food," said Kate Hall of the Health Unit.

Visit www.sirch.on.ca/applesauceproject to watch a video about the Applesauce Project.

Lunch Is On Us

From November through March, SIRCH offers a free lunch once a week in Haliburton Village, and a free lunch in Minden from March to mid-May. It's our way of giving back to a generous community. Hearty, delicious food is served, and everyone is welcome. In both venues, the atmosphere is almost electric, as people talk and laugh and connect with old friends or make new ones.

In 2019, we expect to provide 1,920 free nutritious lunches to County residents.

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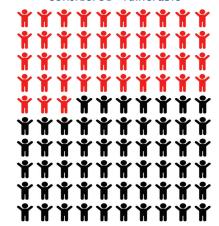






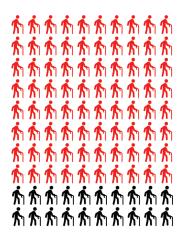
SIRCH Community Services - Gifts from the Heart

43.5% of young children in Haliburton County are considered "vulnerable"



in at least one area of physical health and well-being, social competence, emotional maturity, language and cognitive development, communication skills, and general knowledge.

80% of Canadians over the age of 80 years feel lonely.



Haliburton County has the highest percentage of seniors of any county in Ontario. I.4 million older Canadians currently suffer from loneliness. Prolonged social isolation is as damaging to health as smoking 15 cigarettes a day.

School's Cool

"We love the School's Cool program," said a parent whose child recently participated in School's Cool. "Our child has learned so much in just a short time.'

School's Cool is a six-week kindergarten readiness program created by SIRCH Community Services to help children succeed in school and in life. In summer 2019, 30 children increased their developmental skills (language, math, psychological, social and self-help) by over one year in the six short weeks! Perfect for children entering kindergarten, or for those who have not done so well in junior kindergarten and need a boost.

"I have watched a few children who rarely spoke at the beginning, find their voices, and participate in group activities. They are much more self-confident," said Lynn McGillivray, a retired kindergarten teacher who volunteered with School's Cool during summer 2019. "I would recommend the School's Cool program for any child going into kindergarten. I wish I had known about the program when I was teaching.'





Family Roots

"I volunteered with SIRCH in the mid-1990s. As soon as I heard they had a new pilot project for seniors, I wanted to participate," said volunteer Nancy Baker of Cardiff.

Family Roots trains senior volunteers in genealogy research. Volunteers are then matched with seniors who may be more isolated to help them research their own family trees while building personal and family connections.

"I learned a lot from the training sessions," explained Nancy. "But more importantly, I got to meet new people, people with similar interests, I've always loved working with seniors, so being matched with a more isolated senior has been a great experience. Helping her develop her family tree has been really rewarding—in fact, we learned we are distantly related! I've made a new friend!"

Visit www.sirch.on.ca/familyroots to watch a video about Family Roots.

2019 Gifts from the Heart campaign!











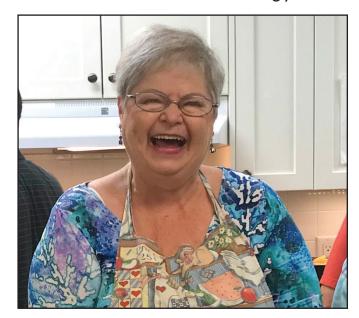




Gifts from the Heart

Support SIRCH

There are so many ways you can support SIRCH Community Services. Donate to our Gifts from the Heart campaign, and consider volunteering your time, growing food, or partnering in other meaningful ways.



Why I volunteer at SIRCH

"In the winter, it's just me, my husband, and the snowplow driver," laughed Maureen Blakelock of Redstone Lake. "Winter can be quite isolating. That's why I volunteer with SIRCH—for the camaraderie, the sense of fun."

Maureen volunteers with SIRCH's Community Kitchen, the Family Roots pilot project, and the Apple Sauce Project.

"I love cooking. It's rewarding knowing the food we prepare in the Community Kitchen will benefit people in need. It's also a very social experience. It's hard to think of just a single favourite moment—all the moments in the Community Kitchen are my favourite," laughs Maureen. "I also love genealogy. Family Roots given me the chance to learn more about family research, and it's given me the chance to socialize with my senior match."

Visit www.sirch.on.ca/support to learn about volunteering opportunities.



Why we donate to SIRCH

For the third year in a row, Minden Subaru is the official Launch Sponsor of SIRCH's Gifts from the Heart campaign.

"Minden Subaru is so pleased to be the Launch Sponsor of SIRCH's Gifts from the Heart campaign," said Tammy Larue, Owner/ Operator of Minden Subaru. "SIRCH provides programs and services that meet the needs of our community. I'm a past member of SIRCH's board of directors, so I know firsthand the amazing work the organization undertakes. Minden Subaru is so happy to support SIRCH in its efforts to ensure people feel supported and connected."

As a non-profit charitable organization, SIRCH relies on the financial contributions of individuals and local businesses to help accomplish its mission. Your donations enable SIRCH to provide programs to children, families and our community. You make a difference!



You can help too!

As a non-profit charitable organization, SIRCH relies on the financial contributions of individuals and local businesses to help accomplish its mission. By generously donating to SIRCH's Gifts from the Heart campaign, your contributions will help SIRCH provide free food and other programs for children, families, and seniors in need.

Charitable tax receipts are issued for donations of \$20 or more.

Visit www.sirch.on.ca/gifts or phone 705-457-1742 to make a donation by Visa or Mastercard.

Visit our offices at 49 Maple Avenue, Unit 4, Haliburton, Monday to Friday, 8:30 a.m. to 4:30 p.m. to make a donation by cash, cheque, Visa or Mastercard.

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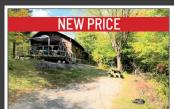






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- 120 Ft Waterfront, Sandy Beach
- 3 Bdm, 4pc Bath, Open ConceptScreened Porch, Bunkie, Upgrades
- Boathouse, Level Lot















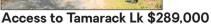


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- Bays area





• Private year round cottage or home

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Redstone Lake \$675,000

- · Beautiful 3-bedroom, 2 bath home or cottage
- Large windows & deck overlooking the lake Southern Exposure, sand beach on Redstone



Wenona Lake \$249,900

- Prime lot, SW exposure
- 136 feet frontage, clean rock/sand shoreline
- Municipal year round road access



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South Lake \$149.000

- Beautiful waterfront lot!
- 118 feet frontage, level,
- Driveway in, hydro at line.

Redstone Lake \$825,000

rock shoreline

Warm & inviting open concept interior

• Nestled on private 0.74-acre lot with 166' sand/

• 3 spacious bedrooms, full lower level







Open Concept, 3-bedroom, 2 bath home

• Walking distance to all the amenities in town

Includes access to a private park & boat launch

Open concept main level w/stone fireplace

• Full unfinished basement, double garage

4 bedrooms + gym, master w/amazing ensuite

• Members only park & boat launch on 5-lk chain





Wilberforce Quiet residential area





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· Harcourt property over 3 acres · Building site cleared in a park like setting

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· Just a short drive from the town of Eagle Lake

Building Lot \$74,900









South Lake \$579,000

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NW Exposure, Spring-fed Lake

FA Propane, Att'd Dbl. GarageYr. Round Municipal Road, Comes Furnished







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- Private country setting





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ft. Angel Perkins from Angelwings Solutions



DECEMBER 12, 2019 Haliburton Chamber Office 12:00 to 1:00 PM

Avoiding Frauds and Scams

ft. Richard Wannan from the Bank of Montreal



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Inspiring Women's Luncheon Haliburton Legion 12:00 PM to 2:30 PM



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> Keynote Speaker -Sharon Campbell Rayment



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For more information on the Chamber and to register, go to www.haliburtonchamber.com.



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Runners show great resolve at OFSAA championship

KAREN GERVAIS

Special to the Echo

Red Hawk cross-country runners Nick Phippen and Isaac Little travelled to snowy Sudbury for the OFSAA cross-country championships Saturday, Nov. 2, held in Kivi Park. After getting hit with a snowstorm Thursday night and the snow and drizzle that kept falling all day Saturday, runners faced gruelling trail conditions trudging through snow and slush for the 4k, 5k and 6k courses.

Both runners encountered challenges during the run and neither raced to their potential. Phippen got spiked early on and the cold conditions resulted in Little's calves freezing up during the race. Despite this, both runners retained their grit, completing the course the best they could. Phippen finished 144 in a field of 258 junior boys. Little was 110 out of 270 in the senior boys division.

Many runners lost footing and shoes in the snow and

mud and were seen carrying them to the finish line.

Phippen and Little remained positive about the experience, acknowledging it was an accomplishment to make it there and even be a part of an event so big. They took it in stride as another exercise in resiliency and are instead focused on the future and looking forward to running distance again in the track and field season in the spring.

Other runners with local ties to compete at the meet included Campbell Smith, who finished 117 in novice girls and Evan Armstrong, who ran a strong race to place 68th in novice boys. Campbell now attends I.E. Weldon and Armstrong runs for Lakefield College.



Red Hawk runners Nick Phippen and Isaac Little competed in the OFSAA cross-country championships in Sudbury on Nov. 2.



Red Hawks senior boys' volleyball player Bence Suranyi, left, celebrates with Jacob Dobson.





Hawks edged out by Titans

Red Hawks senior boys' volleyball player Brian Kim leaps to spike a ball during the A Kawartha Championship semifinal against the St. Thomas Aquinas Titans on Tuesday, Nov. 5 at the Haliburton Highlands Secondary School in Haliburton. The Hawks lost and were edged out by the Titans 3-2 (25-12, 15-25, 26-24, 21-25 and 15-9) in the best-of-



Red Hawks senior boys' volleyball player Liam Little passes the ball.

Individual actions are important

Crossword brought to you by



	1	2	3	4	5	6		7	8	9	10	11	12	
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- **CLUES ACROSS**
- 1. Rope used as a lasso
- 7. Lomb's partner
- 13. North African nation
- 14. Rounds up cattle
- 16. Densest naturally
- occurring element
- 17. Home of the Brewers
- 19. Atomic #44
- 20. Vetches
- 22. Moved earth with a tool
- 23. Cavalry sword
- 25. Supplements with difficulty
- 26. Encouraged 28. Speech defect
- 29. Periodical (abbr.)
- 30. Very cold
- 31. __ Paulo, city
- 33. Former OSS
- 34. Approves food
- 36. Cars need them
- 38. Sweden's dominant
- phone company 40. Long lock of a wom-
- 41. North American
- natives
 - 43. Fly high
 - 44. One type is fire
 - 45. Nocturnal bird

 - 47. More than one male
- 48. LOTR actor McKellen
- 51. Employee stock ownership plan

- 53. Tony-winning actress Daisy
- 55. Tennis star Kournik-
- 56. Pulitzer-winning composer
- 58. The opposite to pro
- 59. Safecrackers
- 60. Denotes past
- 61. Parrots
- 64. One quintillion bytes (abbr.)
- 65. Reduce the importance of
- 67. Stiffly
- 69. In a sensible way
- 70. Signs

CLUES DOWN

- 1. Capital of Zambia
- 2. Article
- 3. Country star LeAnn
- 4 Fountian goddess
- 5. Afflict in mind or body
- 6. Showy but cheap
- 7. Belgian urban center
- 8. Short-winged diving
- seabird 9. Deploys
- 10. Ballplayers can legally
- 11. Centiliter
- 12. Contrary beliefs 13. Type of pole
- 15. Distinguish oneself
- 18. 8th month of the year

(abbr.)

- 21. One who monitors
- 24. Petty quarreling
- 26. Fiddler crabs
- 27. Touch lightly
- 30. American state
- 32. Pro wrestler Randy 35. Indicates spelling mis-
- take 37. Macaws
 - 38. Gradually narrowed
 - 39. Installments
- 42. Female sheep
- 43. Politician
- 46. Servant
- 47. Said to facilitate concentration
- 49. California ballplayers
- 50. Once Toledo's tallest
- 52. A type of pie
- 54. State of southwestern
- 55. Principal member of Norse religion
- 57. Counterspy
- 59. Wellness practice
- 62. __-de-sac: dead end street
- 63. Used to cook
- 66. Type of hospital
- 68. Direct message

Answers on page 16

from page 7

and reused at each event and the water refill station was available to participants.

Aprons and Soaps recycle their shipping paper, using it to wrap customer purchases. Items that help us cut down on our use of plastic are for sale at Aprons and Soaps. They include metal drinking straws, nylon shopping bags that fold up into a small pouch, cloth produce bags, beeswax covers and reusable silicone storage bags.

Customers of McKecks will know that they replaced their styrofoam takeout containers with compostable containers. Paper bags and straws have replaced plastic ones. At their market stand McKecks uses cups made of cornstarch for their iced tea. When catering events they provide large containers of water instead of single use plastic bot-

Glecoff's Family Store (formerly V&S department store) also carries a selection of reusable products for everyday use. They carry inexpensive mesh produce bags, storage bags, silicon bags and stainless steel straws. Also available is a line of environmentally safe cleaning products and dryer balls that replace the single use sheets designed to reduce static.

We've noticed changes in other Halibur-

ton village businesses. Foodland and Todd's Independent now sell reusable mesh produce bags. Mathew & Madlyn use compostable takeout containers and cutlery.

It is important for government to take the lead on reducing single use plastics. One of CCHC's goals is environmental sustainability, consequently we were pleased in June of this year to see that Dysart et al banned water bottles from their office and field operations and committed to providing water-refill stations throughout the municipality.

If you are a business or organization making changes to reduce plastic, please contact CČHC (judypaul2017@gmail.com). Watch for a similar article by CHCC outlining the efforts to reduce plastic waste in Minden.

Businesses and organizations in Haliburton County as well as municipal governments are stepping up to the challenge of reducing single use plastic. In many cases alternative packaging is an increased cost for businesses so by taking your reusable bag, mug, water bottle and takeout kit whenever you leave the house you become part of the solution.

> Judy Paul and Ann Maher Concerned Citizens of **Haliburton County**

Residents in the dark

To the Editor,

On Wednesday, Nov. 6, residents from Haliburton, West Guilford, Lochlin and environs, received an automated "robocall," from Hydro One, informing us of a "planned power outage" on Sunday, Nov. 24 from 8 a.m. until 4 p.m. The proposed work is deemed necessary, to improve service in the future, with fewer long term disruptions. "Sorry for the inconvenience" (in brief). If we wanted Hydro One to call us

back, we were to press 1. I did. They didn't! We are all grateful for the services we currently enjoy, and on which we greatly depend. We are equally grateful for the brave workers who risk life and limb during emergencies and unpredictable storms and inclement weather. Living where we do, sudden outages are common, especially in the winter, and have been dealt with promptly and efficiently. My concerns are

questions are as follows: 1. Why now? Why not during the summer? We have an aging and aged population in this area, many who live alone, most of whom cannot afford generators, nor do they have alternate sources of heat. Many live in remote, rural settings. Eight hours in the cold, at the end of November, increases the risk and likelihood of serious health issues . . . not a good prospect. Our medical facilities and personnel are already stretched to the max. Where are people supposed to go, to keep safe and warm? This outage . . . at the end of November . . . is not an "inconvenience," it is dangerous.

2. What must be done, to ensure that pipes don't freeze and burst? Who incurs the cost of repair, should this likelihood occur? Will Hydro One reimburse for repairs and damages, as this is an intentional, planned outage, not an "Act of God" event? How do we document, and to whom do we present these costs, in this eventual-

3. What happens if freezers defrost and

food thaws and spoils? Groceries are expensive enough, without having to duplicate one's shopping for necessities - something none of us can afford to do. What happens to the restaurants and grocery stores in town, regarding food loss, and loss of busi-

4. Community events are planned a year in advance. What becomes of concerts, pancake breakfasts and church services, to name a few? Have these stakeholders been consulted and apprised, in order to accommodate all those involved in re-scheduling and reimbursement of ticket sales and cost for advertising? Were members of council consulted and given advance warning? They are in charge of the community's emergency plans. "An ounce of prevention is worth the pound of cure."

5. How much extra water should each household be stock piling now ... for personal consumption and for the flushing of toilets, as wells and pumps will be unusable? In the interests of "preparedness," make sure your gas tanks are full, before the pumps are shut off. What do we do if our

homes are fuelled by propane? 6. Why was a Sunday chosen . . . in the throes of winter? The impact on the community is huge, regardless of the day of the week. Is it a matter of available workforce.. . extra pay for weekend work? What exactly is being done ... where ... and why must it be done on this specific day, with so much at stake? What is at stake, if this work is *not* done on Nov. 24, ? What happens if the work is not or cannot be completed in the allotted eight hours?

If Hydro One had returned my call, when I pressed 1, as the automated voice instructed, these are the questions I would have asked, the concerns I would have raised. Does anyone have any answers, or are we all in the dark?

> Respectfully Cheryl Cohoon

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UPCOMING Community **Events**

Want to get your event in Community Calendar? It's free! Contact Pat at classifieds@haliburtonpress.com



Environment Haliburton!/Abbey Retreat Centre Enviro-Café

When: Tuesday, Nov. 12, 7 p.m. Where: Abbey Retreat Centre, 1150 Garden Gate Drive, off #118 near W. Guilford

What: An exploration of grief in the face of climate change to help us on the way forward

Cost: By donation

For more information: Eric Lilius: 705-854-1497

No-Family Doctor Immunization Clinic

When: Wednesday, Nov. 13

Where: Health Unit office (191 Highland Street, Unit 301) in Haliburton.

Free immunization clinics for families without a doctor. To book an appointment, call the Health Unit at 1-866-888-4577, ext. 1507.

Sexual Health Clinic

When: Wednesday, Nov. 13, 10:30 a.m. to 12:30 p.m. The clinic provides clients with confidential access to cervical screening, low-cost birth control, pregnancy testing and sexual health teaching. Testing and treatment of sexually transmitted infections are also provided. For more information, locations or to make an appointment, call the Health Unit at 1-866-888-4577, ext. 1205.

Introduction to Group Hypnotherapy

When: Thursday, Nov. 14, at 5:30 p.m.

Where: Minden

At this free workshop, participants will learn about the power of the unconscious mind and how hypnotherapy works to resolve a number of mental, emotional and physical issues. Participants will also have an experience of a group hypnotherapy session focused on stress relief and overall wellness. Space is limited so registration is required. Go to www.suebowe.com/hypnotherapy to register.

CROSSWORD ANSWERS

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Q&A with Nick Russell

On Oct. 4, Nick Russell performed a show, The Music of Miles Davis, at the Rails End Gallery in Haliburton. Questions were sent to Russell on behalf of the Echo.

How did you get the idea for this show?

I wanted to create in Haliburton County the jazz club culture that I'd observed in urban areas like the GTA or NYC. I'm of the mind that if one can offer a cultural event that is presented well, then people will come no matter where the show is whether it be in a city or smalltown. I feel very fortunate to live in a community that has extended such support for what I do and some of the ideas I've had over the last year and a half. Thank you!

Why Miles Davis?

Miles had a large personality and incredibly vast and explorative body of work. It makes him such an interesting study of the language of jazz and how jazz cannot necessarily be summarized by style or era. Jazz could perhaps be summarized as a music that is constantly searching, pushing boundaries and being redefined, stretched and improvised. This is something that Miles was very good at and demonstrated through the various transformations of his sound over the decades that he was a band leader. One can gain a lot of musical understanding just by paying attention to Miles Davis's career and music. His compositional style allows for a lot of interpretation for a band such as the quartet formation that played on Oct. 4 at the Rails End. As players this is something we greatly enjoy!

Who's your band and how do you know them? Dylan White - Electric Bass Nicholas Russell - Electric Guitar

Andrew Liorti - Keyboard

Daniel Monich - Drums

All these players met in Guelph, Ont., in their early 20s. We were all studying at the University of Guelph. We've played together (and around each other) for over a decade and have collectively done hundreds of gigs.

How did you rehearse?

There were no rehearsals. I planned the set list and sent it to the band prior to the gig.

When and how did you determine you'd become a fulltime musician as a career?

I am certainly artistically inclined and I think have been so from a young age. Being part of family where music and the "life of the musician" was everyday talk,

NOTICE (Applicant - ROBINSON)

IN THE MATTER OF THE MUNICIPAL ACT AND IN THE IN THE MATTER OF THE MUNICIPAL ACT AND IN THE MATTER OF A PROPOSED BY-LAW OF THE CORPORATION OF THE MUNICIPALITY OF HIGHLANDS EAST TO CLOSE, STOP-UP AND CONVEY CERTAIN PORTIONS OF AN ORIGINAL ALLOWANCE FOR ROAD ALONG THE SHORE OF IRONDALE RIVER, MORE PARTICULARLY HEREINAFTER DESCRIBED

NOITCE IS HEREBY GIVEN, pursuant to the Municipal Act, S.O. 2001, and the Municipal Procedures, that the Township Council of The Corporation of the Municipality of Highlands East proposes to consider and if deemed advisable, to pass at its regular meeting to be held at the Council Chambers, WILBERFORCE, Ontario on Tuesday, the 10th day of December at 9:00 a.m., a By-Law to close, stop-up and convey to the adjacent land owners the following described lands:

> Part of the Original Shore Road Allowance in front of Lot 23, Concession 7, Township of Monmouth, Municipality of Highlands East, County of Haliburton, shown as Part1 on a preliminary Plan of survey made by Greg Bishop Surveying And Consulting Ltd., O.L.S., dated September 12, 2018.

The Preliminary Plan of Survey as referred to above is available for inspection during regular office hours (9:00 a.m. to 4:30 p.m., Monday to Friday) at the Municipality of Highlands East offices, Wilberforce,

The above described lands, by resolution, have been declared to be

AND TAKE FURTHER NOTICE that before passing the said By-Law at the meeting to be held at the time and place above mentioned, the Municipality of Highlands East shall then and there hear in person or by his or her counsel, Solicitor or Agent, any person who claims that his, her or their lands will be prejudicially affected by the said By-Law and who applies to be heard in person. The person who wishes to address Council should contact the Township office for

DATED at the Municipality of Highlands East, Wilberforce, Ontario this 5th day of November, 2019.

> ROBYN ROGERS, CLERK Box 295, 2249 Loop Road WILBERFORCE, ON K0L 3C0



4 with his band: Dylan White, Andrew Liorti and Daniel Monich. The evening featured the music of Miles Davis. / Photo submitted

I feel this fostered and perhaps framed my view of the arts through a musical lens. I think though, that if my time and inspiration were applied to other endeavours, say painting or natural science for example, I would have continued to work in these other fields with equal zest! I am very grateful to have found music as it's my main mode of expression. So, maybe music chose me and I chose music. We chose each other as a career. I still have a lot of work to do and am working often to improve my ability on the instrument, develop my sense of time-feel and also refine my musical voice.

How can you describe the importance of music to a studentl young person today?

I think an arts-based education is crucial. Especially in a production-oriented society where the individual is often valued by material prosperity, social notoriety, etc. Probably an arts-based education is the most important thing now – also study in philosophy, literature, myth, psychology, etc.

It's important to give youth (and adults, too) a way to explore their inner world and perhaps find a way of communicating what's sometimes hard to do through spoken or written word. Music specifically is community building, confidence inducing, and very fun. As a player who is still working on their musicianship skills as a dad of two great little girls I've resolved that music will never be a thing that I "finish," like a statue or building a house, and thus needs to be enjoyed as a process or path.

Russell's newest release on acoustic guitar, Late Night & Early Morning, is available on iTunes, Google Play, Spotify, Bandcamp and at www.nicholasrussell.ca.



COUNTY OF HALIBURTON

Roads Department 11 Newcastle Street, Minden, ON Tel: 705-286-1762

SNOW REMOVAL OPERATIONS

During the snow removal season, please be mindful of the

No person shall park or stand a vehicle on a highway in such a manner as to interfere with the movement of traffic or the clearing of snow from the highway (Highway Traffic Act, RSO, 1990, c. H.8). A Police Constable, County or Municipal appointed By-Law Officer may have the vehicle removed from the roadway and stored at the owner's

No person shall deposit snow or ice on a roadway without permission in writing to do so from the Ministry or the road authority responsible for maintenance of the road (Highway Traffic Act, RSO, 1990, c. H.8).

Please be sure to keep the snow back away from the roadway when clearing your driveway, entrance and mail box. This is to avoid creating a hazard for the travelling

Cooperation in these matters is appreciated to ensure the safety of others and efficient winter maintenance of County and Municipal Roads.

Detachment Commander SSgt Liane Spong-Hooyenga Haliburton Highlands O.P.P.

Director of Public Works Craig Douglas County of Haliburton

BLACKFRIDAY

Friday, November 22nd 9 a.m. to 4 p.m.



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The Haliburton County **Snowmobile Association**

is holding its first Driver Training Class of the season.

If you have a young would-be snowmobiler in the house, this day long course on

Saturday November 16th will train your young rider on the safe operation of a snowmobile. Location is at the HCSA clubhouse on Mallard Road in Haliburton's Industrial Park. **Cost is \$40.**

To register go to www.hcsa.ca and click on Driver Training or call 705-457-4263

340 REAL ESTATE FOR SALE

200 feet of lake frontage on Glamour Lake. 1593 Ursa Road. \$158,000. Survey available. 705 455-2373

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For more information, contact our office at 705-286-0727

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Family looking for vacant lot in the Minden area to build home. Willing to pay up to \$100,000. Please call 416-994-5789

390 COMING EVENTS

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at the Haliburton Legion Saturday November 16th 9:00am-2:00pm. 35 vendors, baking, locally made foods, lunch cafe. Sponsored by the Ladies Auxiliary

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390 COMING EVENTS

390 COMING EVENTS

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For more info. contact Denise Wolm at 705-457-3677 Only suitable applicants will be contacted.

400 EMPLOYMENT OPPORTUNITY

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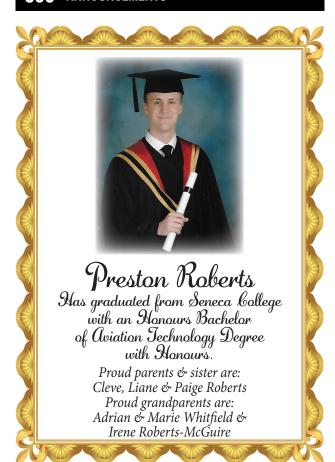
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560 ANNOUNCEMENTS

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I would like to extend my sincerest thanks to this wonderful community. I would especially like to thank my family for putting so much care into organizing the day.

I also need to thank those that spoke and shared such kind sentiments-Don Popple, Gary Brohman, Scotty LaRue, and Andrea Roberts. Thank you to Andrea Hagarty and Bonnieview staff for accommodating such a crowd.

Also to Sue Tiffin and the Echo for capturing a special day and writing such a thoughtful article.

And lastly, but not least, I need to thank everyone that attended, especially those that travelled a great distance. I am still amazed by the amount of people that came to celebrate and am truly grateful.

Len Salvatori



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650 OBITUARIES

650 OBITUARIES

Gregory, James (Jim) Michael

Peacefully, at home with his family on Wednesday, October 30, 2019, in his 84th year.

Loving husband to Rosalie (nee Bruno) of 60 years. Beloved father to Andrea (Daniel King), David (Dolores), Valerie (John Moore) and Maureen (Brian Sutcliffe). Cherished grampa to Remington, Katherine, Greyson, Lyle, Kade, Greg, Erik, Rachel, Eric, Christopher, Valerie (Steve Cowen), Nicholas and Pamela, and great grandfather to Ben and Wes. Sadly missed brother of Gary (Karen), Rosemary (Larry DeGrace), Sharon (Ted Pitts), Patrick (Margaret), Cheri, and predeceased by Gloria Gandour and Raymond Gregory. Brotherin-law to Norma (Lorne Melara), Rita (Charles Pemberton) and predeceased by Elaine and Joseph Melara. Predeceased by his parents Henry and Pearl and his in-laws Louis and Laura Bruno.

The Visitation was held in Thornhill at **HOLY CROSS CATHOLIC FUNERAL HOME** 211 Langstaff Road East (west of Bayview Ave.)

Visitations and Funeral Masses were held in Thornhill and in Dunnville. Interment Woodlawn Cemetery (Robinson Road, Dunnville). If desired, memorial donations may be made to St. Michael's College School Bursary "Jim Gregory 55", Toronto Western Hospital "Urology", Blessed Trinity Parish, Dunnville Minor Hockey Association or St. Michael the Archangel Parish.

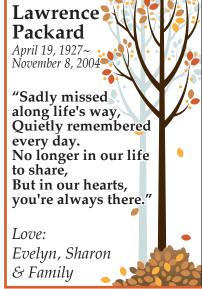
Online condolences & directions may be found at www.catholic-cemeteries.com

640 IN MEMORIAM

In loving memory of Douglas Wood November 13, 2010. Sadly missed and loved by Callum and Janet.



640 IN MEMORIAM





INSIDE THIS WEEK:

RED CARPET

Haliburton film festival is a testament to the extraordinary talent in this county

POVERTY WARNING

The health unit issues a "call to care" for the county's poor as economy declines

WINNING STREAK

Matt Duchene and Cody Hodgson try to break Battalion's record for wins



Tuesday, November 18, 2008

www.haliburtonecho.ca

Vol. 125 No. 30 \$1.25 INCL. GST

Boomers keep real estate market healthy

Staff Reporter

Toronto's aging population will likely be the foundation for Haliburton County's healthy real estate market over the next 10

years, brokers say.

As the baby boomers reach their 60s and begin to ease into retirement or semi-retirement they will be looking to sell their properties in the big city and head to this county, and that's something that promises to keep the housing market in good standing even as the national headlines warn of a housing slump.

'I would think for the next 10 to 15 years there's going to be a pile of people who want to retire to a community like Haliburton that's got good infrastructure and nice community sense to it and good facilities," said broker Anthony vanLieshout of Royal

Andrew Hodgson, a sales representative at Century 21,

"I feel good about the future, I feel good about Haliburton County. As access gets better with the 407 and 404 [highways], as interest rates stay low, gas prices stay low, we have the foundation.

See Prices page 19



Winter angel

Four-year-old Alyssa Morissette was just one of a few hundred students at Stuart Baker Elementary School who was happy to see the snow fly. Alyssa makes a snow angel during recess on Monday, November 17. See page 15 for Remembrance Day photos from SBES

Property owners likely see 10% hike

Haliburton area property taxpayers will see an average assessment increase of approximately 10 per cent in 2009 as the result of the four-year phase-in of assessment increases introduced by the provincial government.

'Residential property values have increased by approximately 40 per cent in the Haliburton area since 2005, when the last assessment update was done. Because of the four-year phase-in introduced by the provincial government, property taxpayers here will see an average assessment increase of approximately 10 per cent next year," said Judy Piggott, municipal relations representative in the Peterborough office of the Municipal Property Assessment Corporation (MPAC).

An increase in assessment does not necessarily mean an increase in property taxes. If the assessed value of a home has increased by the same percentage as the average in the municipality, there might be no increase in the property taxes paid by a property owner.

Since 2005, waterfront property and farmland for farming purposes in Haliburton County have also both increased in value, by approximately 41 per cent and 19 per cent respectively. Because of the four-year phase-in, property taxpayers will see an average increase of approximately 10 per cent and five per cent respectively, for the 2009 tax year.

The phase-in program does not apply to decreases in assessed

See MPAC page 19





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SOYERS LAKE \$699,000

3 BR, 2 bath Lake house! 114ft of frontage, granite counter tops and stainless steel appliances. Single oversized detached garage SW exposure



KASHAGAWIGAMOG LAKE

\$698,000 3 BR, 2 Bath. Open concept living. Four season sunroom. 12X9 Bunkie. 160 ft of frontage. Eastern exposure. Million dollar view.



WENONA LAKE \$683,000

3BR, 3 bath. Open concept kitchen and dining, large master with 3pc ensuite and screened in porch. 125ft of frontage with stunning western lake front views



HALIBURTON LAKE

\$665,000 3 BR, 2 Bath year-round home/cot-tage. Private 176ft of frontage. Sandy beach. Open concept living. Pine cathedral ceilings. Fully finished lower evel. Single garage, 2 storage sheds



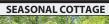
HALIBURTON LAKE \$599,000

Looking for the perfect family cottage to use year-round? Look no further. Bright open concept 3BR, 1 bath. Level lot. Large grassed area Many upgrades.



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DRAG LAKE \$529,000

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LONG LAKE \$499,900

2 BR, 1Bath. Seasonal cottage. 54 acres. 650ft of frontage. Ample privacy. Hard packed sand shoreline. Excellent swimming.



SOYERS LAKE \$475,000

Yr round home/cottage. 2 acres lot. 344 ft of frontage. 3 BR, 1 bath open concept living. Bright eat-in kitchen, sunken living room. Oversized single garage



KOSHLONG LAKE \$459,900

2BR, 1 bath cottage. Pine flooring throughout, wrap around deck, 112ft of frontage, 190sq ft Bunkie with tool shed. Lakefront stone patio, move in ready!



LONG LAKE \$289,000

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\$999,900



Colbourne Lake

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\$999,000